



Quick Sausage & Veggies

SERVES: 4

INGREDIENTS

- 450g Peppercorn Extra Lean Beef Sausages
- 1 tbsp olive oil
- ½ brown onion, sliced
- ½ red onion, sliced
- 2 cloves garlic, finely chopped
- 1 red capsicum, cut into fine strips
- 1 green capsicum, cut into fine strips
- 1 yellow capsicum, cut into fine strips
- 1 small zucchini, sliced into fine strips
- 1 tsp oregano
- ½ cup white wine

PREPARATION

1. Cook sausages in hot pan for 8-10 minutes until cooked through. Remove and slice.
2. Cook vegetables in pan lightly with a little olive oil. Add oregano and white wine and cook until wine has evaporated.
3. Serve sausages on a bed of vegetables.